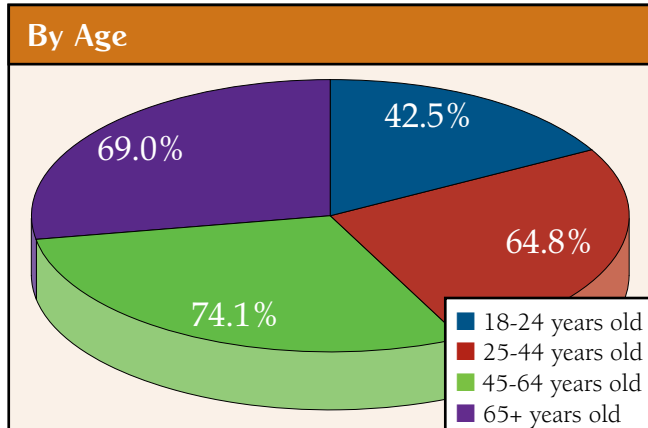
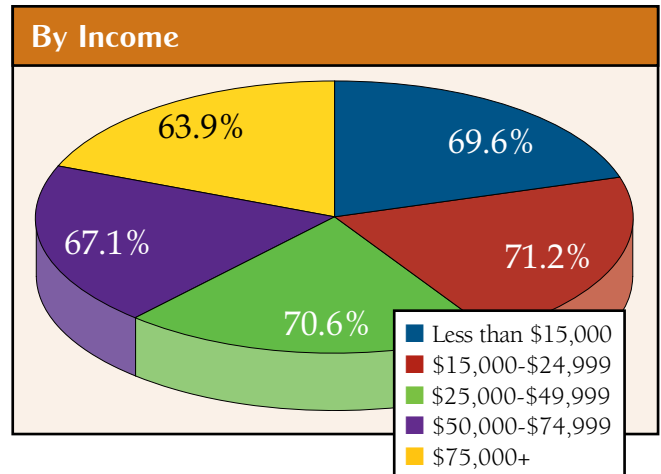
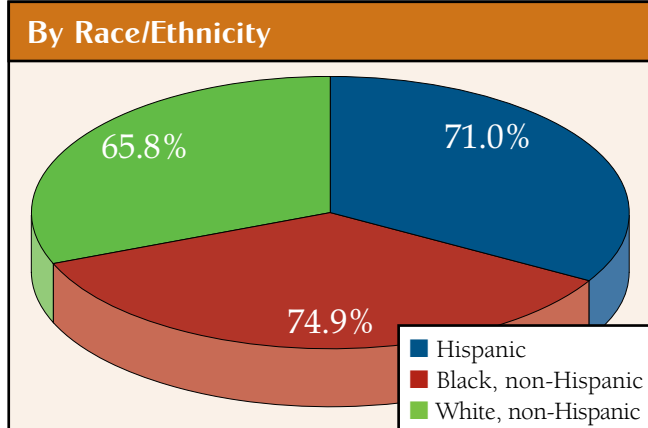
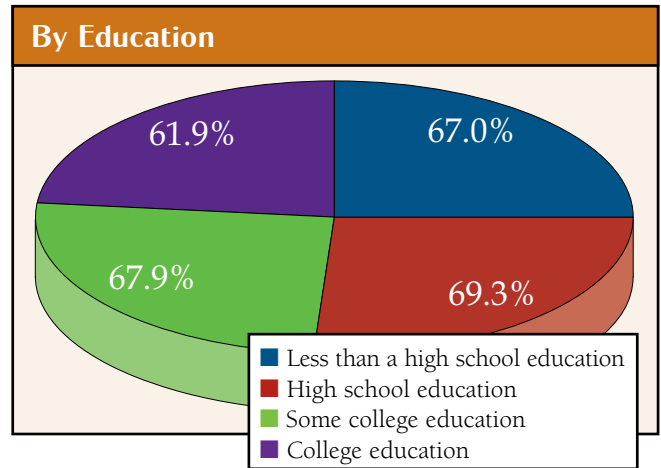
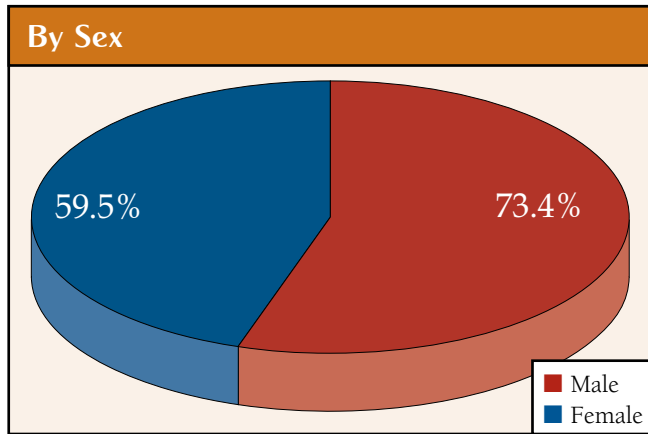


Burden of Obesity

- 66.5% of the adult population in Indiana, or about 3.2 million people, report being overweight or obese as measured by Body Mass Index (BMI).
- Among adults under 65, the number who report being overweight or obese increases with age.
- Obesity poses a major risk for serious diet-related chronic diseases, including type 2 diabetes, cardiovascular disease, hypertension and stroke, and certain forms of cancer.
- The United States has the highest rate of obesity in the world.
- In 2008, the total annual economic cost of obesity in the United States was estimated to be as high as \$147 billion (CDC, 2010). An overweight or obese person in the United States spends \$1,500, or 41%, more each year on health care than an average person.
- Being overweight and obesity are the fifth leading risk for deaths.

Some Adults Are More Likely to be Obese



Source: Global Health Institute, Ball State University